



SAMPLE LUNCH MENU - WEEK 1

Monday

Main Course

Lamb & Mint Pie or
Minced Beef
Hotpot

Served with

Colcannon Mash or
Boiled Potatoes

Accompanied by

Cabbage & Mixed
Vegetables

Dessert

Bakewell Tart or
Cooked Summer
Fruits

Tuesday

Main Course

Steak Pie with
Flaky Pastry Top or
Chicken Breast in
Tomato & Basil
Sauce

Served with

West Country
Cheddar Mash or
Golden Roasting
Potatoes

Accompanied by

Carrots With
Parsley Butter &
Cauliflower

Dessert

Sticky Toffee
Pudding or Chef's
Rice Pudding

Wednesday

Main Course

Pork with Sage
Stuffing in Gravy
or Smoked
Haddock &
Spinach Crumble

Served with

Dauphinoise
Potatoes or Boiled
Potatoes

Accompanied by

Minted Summer
Vegetables &
Mashed Root
Vegetables

Dessert

Spiced Plum &
Orange Pie or
Cooked Apricots

Thursday

Main Course

Chicken Korma or
Shepherds Pie

Served with

Basmati Yellow
Rice or Sauté
Potatoes

Accompanied by

Mixed Vegetables
& Sweetcorn

Dessert

Apple Crumble or
Rice Pudding with
Nutmeg

Friday

Main Course

Battered Haddock
or Minced Beef
Hotpot

Served with

Oven Chips or
Baby Potatoes

Accompanied by

Mushy Peas &
Sliced Carrots

Dessert

Spotted Dick or
Apple Pie

Saturday

Main Course

Sweet & Sour
Chicken or Lamb
Casserole

Served with

Vegetable Rice or
Croquette
Potatoes

Accompanied by

Peas & Mashed
Swede

Dessert

Chocolate Chip
Pudding with
Salted Caramel
Sauce or Clotted
Cream Rice
Pudding

Sunday

Main Course

Premium Roast
Beef in Gravy or
Roast Pork in
Gravy

Served with

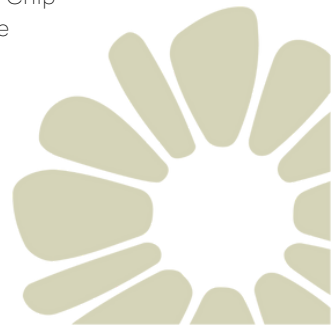
Golden Roasting
Potatoes or
Mashed Potato

Accompanied by

Sliced Carrots &
Brussels
Sprouts

Dessert

Bread & Butter
Pudding or
Chocolate Chip
Sponge





SAMPLE LUNCH MENU - WEEK 2

Monday

Main Course

Chicken & Ham Pie
with Flaky Pastry
Top or Salmon
Crumble

Served with

Colcannon Mash or
Baby Potatoes

Accompanied by

Minted Summer
Vegetables &
Ratatouille

Dessert

Pineapple Sponge
or Chef's Rice
Pudding

Tuesday

Main Course

Cottage Pie or
Chicken &
Vegetable
Casserole

Served with

Croquette
Potatoes or Sauté
Potatoes

Accompanied by

Cauliflower &
Mashed Root
Vegetables

Dessert

Bakewell Tart or
Lemon Flavour
Sponge

Wednesday

Main Course

Curried Lamb,
Potato & Tomato
or Smoked
Haddock &
Spinach Crumble

Served with

Baby Potatoes or
Vegetable Rice

Accompanied by

Broccoli & Carrots
With Parsley
Butter

Dessert

Apple Pie or
Cooked Apricots

Thursday

Main Course

Sausages in Onion
Gravy or Baked
Vegetable Pie

Served with

Colcannon Mash or
Boiled Potatoes

Accompanied by

Cabbage & Mashed
Root Vegetables

Dessert

Chocolate Chip
Sponge or Clotted
Cream Rice
Pudding

Friday

Main Course

Chicken Kiev's or
Baked Steak &
Mushroom Pie

Served with

Oven Chips or
Mashed Potatoes

Accompanied by

Sliced Carrots &
Mushy Peas

Dessert

Lemon Flavour
Sponge or Cooked
Summer Fruits

Saturday

Main Course

Suet Topped Steak
& Potato Pie or
Pork & Apple
Casserole

Served with

West Country
Cheddar Mash or
Dauphinoise
Potatoes

Accompanied by

Large Broccoli &
Sweetcorn

Dessert

Apple Crumble or
Chocolate Chip
Sponge

Sunday

Main Course

Premium Roast
Beef in Gravy or
Roast Lamb in
Gravy

Served with

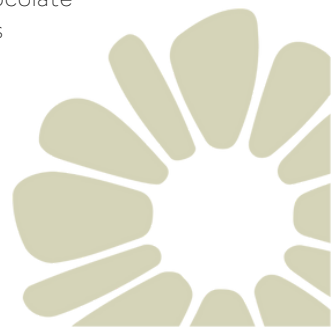
Golden Roasting
Potatoes or
Mashed Potato

Accompanied by

Courgette, Carrot
& Asparagus with
Parsley Butter &
Cut Green Beans

Dessert

Somerset Apple
Cake or Chocolate
Éclairs





SAMPLE LUNCH MENU - WEEK 3

Monday

Main Course

Beef Lasagne or
Chicken Curry

Served with

Dauphinoise
Potatoes or
Basmati Yellow
Rice

Accompanied by

Cut Green Beans &
Sliced Carrots

Dessert

Syrup Sponge or
Summer Fruit
Crumble

Tuesday

Main Course

Cheese & Onion
Quiche or Savoury
Minced Beef

Served with

Croquette
Potatoes or
Mashed Potatoes

Accompanied by

Mashed Swede &
Peas

Dessert

Spiced Plum &
Orange Pie or
Bakewell Tart

Wednesday

Main Course

Roast Chicken
Breasts In Gravy
or Ham & Leek
Crumble

Served with

Baby Potatoes or
Golden Roasting
Potatoes

Accompanied by

Sweetcorn &
Large Broccoli

Dessert

Sticky Toffee
Pudding or
Clotted Cream
Rice Pudding

Thursday

Main Course

Beef Casserole or
Baked Chicken &
Vegetable Pie

Served with

West Country
Cheddar Mash or
Minted Boiled
Potatoes

Accompanied by

Vegetable Medley
& Cabbage

Dessert

Jam Sponge or
Cooked Summer
Fruits

Friday

Main Course

Battered Haddock
or Cottage Pie

Served with

Oven Chips or
Mashed Potatoes

Accompanied by

Mushy Peas &
Carrots With
Parsley Butter

Dessert

Chocolate Chip
Sponge or Rice
Pudding With
Nutmeg

Saturday

Main Course

Chicken &
Sweetcorn Bake or
Lancashire Hotpot

Served with

Colcannon Mash or
Sauté Potatoes

Accompanied by

Minted Summer
Vegetables &
Mashed Root
Vegetables

Dessert

Bakewell Tart or
Spiced Plum &
Orange Pie

Sunday

Main Course

Premium Roast
Beef in Gravy or
Sliced Chicken in
Gravy

Served with

Golden Roasting
Potatoes or
Mashed Potato

Accompanied by

Cauliflower
Cheese & Brussels
Sprouts

Dessert

Apple Sponge or
Rhubarb Crumble





SAMPLE LUNCH MENU - WEEK 4

Monday

Main Course

Fish Pie or Chicken
Tikka Masala

Served with

Croquette
Potatoes or White
Rice

Accompanied by

Sliced Carrots &
Broccoli

Dessert

Chocolate Chip
Sponge or Rice
Pudding With
Nutmeg

Tuesday

Main Course

Potato, Cheese &
Leek Bake or Lamb
Grill Steaks in
Minted Gravy

Served with

West Country
Cheddar Mash or
Boiled Potatoes

Accompanied by

Ratatouille &
Mashed Root
Vegetables

Dessert

Apple Pie or
Cooked Apricots

Wednesday

Main Course

Cumberland Pie or
Fish in Cheese
Sauce

Served with

Minted Boiled
Potatoes or Sauté
Potatoes

Accompanied by

Courgette, Carrot
& Asparagus with
Parsley Butter &
Cauliflower
Cheese

Dessert

Syrup Sponge or
Chef's Rice
Pudding

Thursday

Main Course

Chicken Chasseur
or Sausages in
Onion Gravy

Served with

Vegetable Rice or
Colcannon Mash

Accompanied by

Sweetcorn & Large
Broccoli

Dessert

Bakewell Tart or
Cooked Summer
Fruits

Friday

Main Course

Cod in Parsley
Sauce or Sliced
Gammon &
Pineapple

Served with

Oven Chips or
Mashed Potatoes

Accompanied by

Mushy Peas &
Carrots With
Parsley Butter

Dessert

Syrup Sponge or
Mixed Fruit Pie

Saturday

Main Course

Cauliflower &
Broccoli Pasta or
Beef Stew &
Dumplings

Served with

Minted Boiled
Potatoes or
Croquette
Potatoes

Accompanied by

Cut Green Beans &
Mashed Swede

Dessert

Chocolate Chip
Sponge or Apple
Pie

Sunday

Main Course

Premium Roast
Beef in Gravy or
Roast Chicken
Breasts in Gravy

Served with

Golden Roasting
Potatoes or
Mashed Potato

Accompanied by

Minted Summer
Vegetables &
Cabbage

Dessert

Summer Fruit
Crumble or
Clotted Cream
Rice Pudding

